

Native Sons and Daughters Programs™



Smoke Signals Two Feathers Longhouse

November 2008



Chief's Talk from Dan "Big Big Wolf" Drellishak

Hope you were able to attend the two "Free to Members" Longhouse events that took place in November. Members turned out in force to attend the "Self-Defense" program held at the International Karate Centers in Avon Lake! All in attendance learned some basic self-defense moves and was a ton of fun! Thanks goes out to Big Black Hawk Doug Isham for helping to organize the event.

Another "first" for Two Feathers Longhouse was the "Turkey Shoot / Jungle Terry" event. Our members braved the weather to take aim at "turkey targets" using some rapid-fire air soft guns to take down their turkeys! Launching mini-pumpkins using the super cool "funnelator" was also a HIT with the little braves and princesses! Jungle Terry finished the day by entertaining both the children and adults with many of his reptile friends...what a show! All in attendance had a great time getting up-close and personal with birds, alligators, a HUGE turtle, and a VERY HUGE snake! To top it off, all had a chance to pet a tarantula spider...eewww. A big Two Feathers Ton-Ka-Hey goes out to the Chinook Tribe members for a job well done in organizing this first-time, and certainly not the last time event!

The Miami Tribe will be sponsoring our Ice Skating Event that will take place on Dec 6th at the Rocky River Ice Rink from 2-4pm. See the newsletter for details.

Start to plan for the big Camp Fitch Campout that will be held at the end of January. Snow Snake building instructions are included in this month's newsletter. Having a group cut-and build day is always a great tribe meeting craft idea so set your monthly tribe meeting schedule to include this activity. Don't forget about building or adding on to your tribe centerpieces for the tables at camp. It would be great to see all tribes with a centerpiece on their dining table at Camp Fitch!

Happy Turkey Day!
Chief Big Wolf (Dan Drellishak)



Family Ice Skating



**Rocky River Recreation Center
21018 Hilliard Blvd
Rocky River, Ohio**

**Saturday, December 6, 2008
2pm to 4pm**

Please note that this is family event. As you pay, please remind the people at admissions that you get a 2 Feathers Longhouse discount (\$1 off per person).

COST (after 2FL discount):

- **Adults** \$4.00
- **Students & Seniors:** \$3.00
- **Children 5 & Under:** \$.50

- **Skate Rental** \$2.50
- **Patches** \$1.00

Questions? Please contact Mark Denison @ markrdenison@eaton.com or 440.670.1276

Camp Fitch



2009

Sponsored by the Seminole & Lakota Tribes

Date: Friday, January 30, 2009 to Sunday, February 1, 2009

Time: Friday 6:00pm to Sunday 11:30am

Location: 12600 Ables Rd. North Springfield, Pennsylvania 16430 <http://www.campfitch.com/>

Directions: Follow I – 90E to exit 6 (old exit 2) in PA., then North on Route 215 to the camp site. Camp Fitch North Springfield PA 16430 Follow signs into camp!

Camp Fitch is situated on the shore of Lake Erie about 2 hours from Avon / Avon Lake. Everyone, especially new members or first time campers, are encouraged to experience a great weekend with your children and fellow Longhouse members. The camp is fully staffed by the YMCA and provides our meals and coordinates the activities; except for the famous Snow Snake Race, which will be organized and run by the Lakota Tribe.

Sleeping accommodations are heated buildings (with indoor plumbing) throughout the camp. There is a large dining hall where we will be checking in, eating our meals and holding the Induction ceremony for first time campers. Remember as you are driving; if you are absolutely sure that you are lost and have gone way too far, relax and keep going - you are almost there!

Activities: Fun things to enjoy at Camp Fitch include:

Archery, riflery, horseback riding, indoor wall climbing, crafts (candle making), ice skating on Lake MVIMA, tubing, sledding, indoor floor hockey, scavenger hunt, nature center, pony rides, hiking and of course,

the famous Snow Snake race – instructions attached.

Pathfinder activities (4th Grade and older) from 1:00 p.m. to 2:30 p.m. Saturday may include Firebuilding, Shelter Building or Low Impact Camping.

****Be conscious of the times of events so you don't schedule more than one activity at the same time.*****

Items To Bring: Dress in layers for winter weather. Extra socks, shoes, boots and gloves are highly recommended. Other things to bring are Longhouse vest, sleeping bags, pillow, toiletries, towels, ice skates (snow shovel for lake), sleds (plastic only allowed on little hills not for use on tubing hill, no runners allowed at all), snacks, slippers or shoes for inside, cameras and film, tribe table display, flashlight and don't forget the **Snow Snake!**

Sometimes we have to get creative when there is little or no snow for the snow snake race.

Please make your snow snake with a wide blunt head so that it does not pierce the "artificial" snow. Spears or pointed sticks are not allowed.

We will continue the tradition of last year and have an open division to provide the kid in all of us to compete!!!

*****Rules for open division...must use wood (for at least the part that touches the snow!)*****

CAMP FITCH RESERVATION FORM (MEMBERS ONLY)

LAST NAME _____ PARENT FIRST _____

CHILD _____ CHILD _____ CHILD _____ CHILD _____

TRIBE(S) _____

PARENT AND CHILD (\$150)..... \$ _____

EXTRA CAMPER (\$38)..... \$ _____

TOTAL FEE..... \$ _____

**** Custom "Camp Fitch" patch included in registration fee and will be distributed at camp!****

****MAKE CHECK PAYABLE TO: "TWO FEATHERS LONGHOUSE"**

Drop Off / Mail Check with Registration Sheet to:

Kent Zeman
2235 Violet Court
Avon, Ohio 44011
Home: (440) 934-4289 Cell: (440) 864-7515

Will have envelope inside storm door for drop off also!

REGISTRATION IS DUE NO LATER THAN THURSDAY, JANUARY 22nd

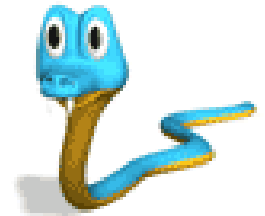
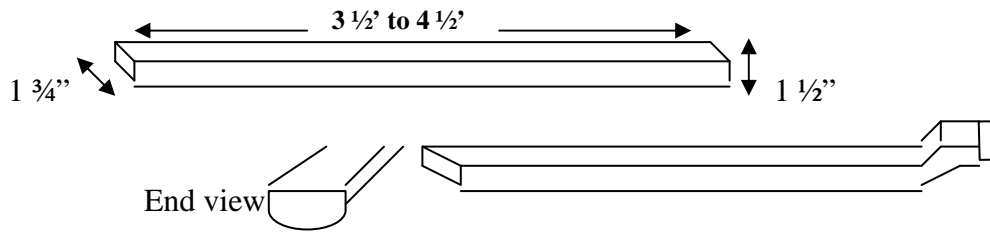
*Please Note: Due to insurance and liability issues you must be a Current Member of Two Feathers Longhouse for the 2008-2009 Program Year prior to participation in the event. Please do not hesitate and sign-up now.

www.nationallonghouse.clubexpress.com



See you at Camp Fitch!

Snow Snake



Height = 1 and 1/2 inches (Minimum) **Unrestricted Head Height**
Length = 3 and 1/2 feet (Minimum), and 4 and 1/2 feet (Maximum)
Width = 1 and 1/2 inches (Minimum), 1 and 3/4 inches (Maximum)

During the winter months of heavy snow and cold weather, Indians had several ways to keep themselves amused. One way involved contests with snow snakes. A snow snake is a long, straight piece of wood carved to resemble a snake. The Indians would throw this snow snake down a long trough made of snow and ice. The Indian who threw the snow snake the farthest was the winner. The game inspired great competitions among the tribes and gave the Indians some of the basic skills they needed to survive in the wilderness. It has been reported that some Indians could throw their snow snakes as far as a mile down this iced track.

The track is a long, straight, narrow bank of snow about 2' high, 1' wide and as long as needed. The top of the bank is flattened and a chain link is dragged over the flat surface of the bank to make a trough or track in the snow. This trough is then iced to make it as slippery as possible.

Before you can play this old Indian game, you must make a snow snake. Carve your piece of wood into a shape similar to the one in the illustration. Round the bottom corners. If the head is *too high* the snake will roll over when tossed. Make sure it is not top-heavy. This is important so the snake can fit into the icy trough.

Use your imagination to make unique heads. Put upholstery tacks in for eyes. Paint your snake with Indian designs and last of all, varnish the wood.

Regulations for Snow-Snake Derby

- The snow snake must be made of wood.
- Regulation size is 4 1/2' maximum length, 3 1/2' minimum length; 1 3/4" maximum width; 1 1/2" body height and unrestricted head height.
- The snow snake must be similar in shape to the one shown in the instructions above. Spears or pointed sticks are not allowed.
- The snow snake must be painted.
- Any kind of wax, ice or snow may be added to the snow snake.
- There are no restrictions on weight.
- The snow snake must be thrown underhand.
- Competition is divided according to age and sex.
- Runners are not allowed on the snow snake.
- This is a parent-child project – both should be involved in making the snow snake and playing the game.

Camp Fitch Snow Snake Race Rules



For new

“EXTREME OPEN CLASS!!!”

(IMPORTANT: These rules apply to new “Extreme Open Class” only. All other established rules for standard age classes still apply to those age class brackets.)

- 1) Entry may be sponsored by a parent/child team or teams, or may be a Tribe entry.
- 2) With the exception of purely cosmetic modifications; snake must be constructed completely of wood including but not limited to any runners, front or rear spoilers, and any other item that effects performance. (i.e. metal runners, or fiberglass/plastic modifications or “gas or electric powered” additions to enhance performance **are not** allowed. Violations will be subject to disqualification as determined by the race committee.)
- 3) Snakes **will not** be subject to any length limit!
- 4) Snakes **will not** be subject to any weight limit!
- 5) Snakes **are not** limited to any cosmetic design limitations!
- 6) For safety purposes, the snake **should not** be constructed in a manner to allow riders! (Yeah it sounds like fun! But let’s not.)
- 7) **BE EXTREME!!! AND BRING IT ON!!!**

Two Feathers Longhouse Uniform Kit

Native Sons & Daughter Vest Kits								
	Youth (L) 12/14	Adult (S) Youth 14/16	Adult (M)	Adult (L)	Adult (XL)	Patch Kit with Vest Purchase	Patch Kit Sold Separately	Grand Total
Price Each	\$18.50	\$28.00	\$29.00	\$36.00	\$36.00	No Charge	\$11.50	
Quantity								
Qty x Price								



Patch Kit Includes:

- (1) Program Patch
- (1) Two Feathers Custom Patch
- (1) American Flag Patch

**** You need (1) kit for yourself and (1) kit for each of your children ****



Suggestion: you want to consider buying your child's vest larger as kids grow fast and often grow out of the Youth size in a few years.

Send To:
 Rita Schweibinz
 36206 Eagle Creek Dr.
 Avon, OH 44011
 937-5518
rita.schweibinz@polyone.com



Name of Adult:	
Street Address:	
City, State, Zip:	
Phone Number:	
E-mail Address:	
Tribe (if known):	
Check Number -or- Cash (Check payable to Two Feathers Longhouse)	If you wish to have someone sew your patches onto your vest some of our members have used Joe's Tailor Shop (formerly Avon Cleaners) located at 2501 Center Rd., Avon. Ask for Joe Destro at 440-937-6620



Native sons & Daughters Programs™ Two Feathers Longhouse



Event Calendar 2008-09 Program Year
(Check newsletter or website for details)

Updated 11-21-08

Date	Time	Event	Location	Sponsoring Tribe
Dec 6	2-4pm	Ice Skating	Rocky River Ice Rink	Miami
Jan 17		Swim/Games Evening	EMH Pool	Apache
Jan 30-Feb 1	Fri 6pm to Sun 12pm	Camp Fitch	Erie, PA	Lakota
March 7	TBD	Pinewood Derby	Avon Heritage North	Shawnee
March 28th	5-7pm	Wall Climbing	Kendall Cliffs-Peninsula	
April 25-26	Sat 6:30pm To Sun 11am	Night Trax Zoo Sleepover	Cleveland Zoo	Hopi
May 17	TBD	Fishing Derby	TBD	Comanche
June	TBD	Duct Tape Festival	Avon Veterans Park	

www.2feathers.org

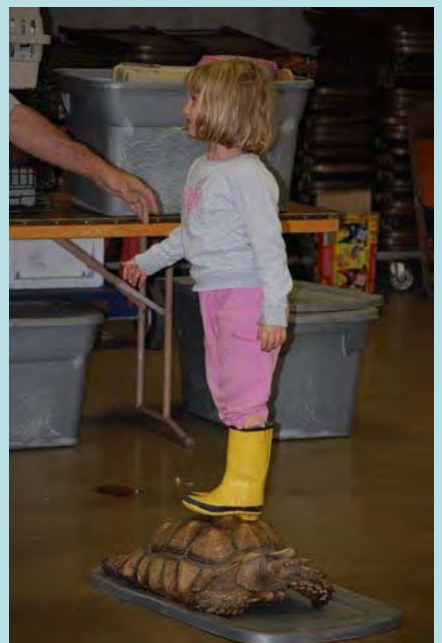
Tribe Meeting/Event Ideas:

- Crafts – craft projects are a staple activity of many in-home meetings, especially in newer tribes where the parents and children may not know each other well. It is a good 'get acquainted' activity, and is an easy thing to do that incorporates Native American or seasonal themes. Here are some Native American Theme resources for craft projects ideas:
 - <http://www.craftkits.com>
 - <http://www.nativeessence.com/>
 - <http://www.teachersfirst.com/summer/nativecrafts.htm>
- Bowling Night
- Craft Day/Night Out – (at least you don't have to clean up the house afterwards) - offered by Michaels. Home Depot on the weekend.
- Kite Night – (or afternoon) – try glow sticks if you fly at night
- Putt-Putt Golf
- African Safari Wildlife Park - <http://www.africansafariwildlifepark.com/>
- Seneca Caverns – <http://www.senecacavernsohio.com/>
- Lake Erie Nature & Science Center - <http://www.lensc.org/>
- French Creek Nature Center - <http://www.loraincountymetroparks.com/fcnc.shtml>
- Bike Ride
- Trail Hikes (Metro or State parks)
- Photo contest (or sharing session). Can combine along with nature hike
- Fishing
- Corn Field/Maze/Hayride
- Firehouse tour
- Christmas Party
- Build a computer project
- Factory tour
- Night out at the Races – trip to Norwalk Drag Races may be fun for the older kids - <http://www.summitmotorsportspark.com/norwalk-racing>
- NASA Glenn Research Center tour - <http://www.nasa.gov/centers/glenn/events/index.html>
- Sledding
- Roller Skating
- Game Night – have a variety of board or other games (age appropriate) that can be played in small groups, with at least one that is an entire group activity. Charades or Twister are good activities to end with.
- Cooking Night – think of it as a Craft project where, when completed, you eat the craft...
- Music Night – provided that at least one of you is musically inclined.
- Swings-n Things - <http://www.swings-n-things.com/>Tobogganing - <http://www.clemetparks.com/recreation/tobogganing/index.asp>
- Cleveland Zoo - <http://www.clemetzoo.com/>Orienteering
- Halloween Party

- Carlisle Reservation (LaGrange) – Haunted Forest, Christmas Wonderland, Spring time for Maple Syrup making. (many other activities) <http://www.loraincountymetroparks.com/carlisle.htm>
- Canoeing trip
- Backyard Camping Trip - Tribe Sleep over in tents
- Finwood Estates, N. Abbe Rd., Elyria – wonderful Christmas lights display
- Pool Party
- Model Rocket building/Launching
- Native American Indian Facts & Discussion Meeting - <http://www.native-languages.org/kids.htm>
- Gathering to build Snow Snakes
- Gathering to build "Extreme" Snow Snake
- Gathering to build Pinewood Derby Cars
- Gathering to build "tribe tabletop centerpiece" for Camp table
- Visits to any of the Cleveland Museums
 - Childrens Museum – <http://www.clevelandchildrensmuseum.org/page2.html>
 - Crawford Auto & Aviation – <http://www.wrhs.org/>
 - Natural History – <http://www.cmnh.org/>

Meeting Ideas for Little Ones:

- Crafts -
 - <http://www.nationallonghouse.org/>
 - <http://www.theideabox.com/>
 - http://www.freekidcrafts.com/free_kid_craft_ideas.html
 - <http://www.economyhandicrafts.com/>
 - <http://www.dickblick.com/categories/crafts/>
- Collection theme – kids show-n-tell their favorite collection
- Physical Fitness theme – give them a good exercise workout
- Safety drill – what to do if? Emergency Numbers
- Food Pyramid theme – discuss and food taste
- Christmas gift wrapping lessons
- Christmas songs singing (songs they can't sing in school)
- Christmas – paper snow flake patterns.
 - <http://www.papersnowflakes.com/instructions.htm>



Jungle Terry / Turkey Shoot - 2008